

General information:

It is the responsibility of the RN Case Manager or nurse designee to measure the mid upper arm circumference (MAC) and document it at all the following intervals, preferably by the same nurse for consistent measurements.

- a. At the first nursing visit after admission to hospice
- b. During the first week of each month
- c. Upon recertification
- d. As needed

It is the responsibility of the inpatient unit RN or nurse designee to measure the MAC and document it

Refer to Assessing Mid-Arm Circumference (MAC) Protocol in Policy and Procedures for additional reference information. 9/2022

Scroll down to the next page for how to accurately obtain a MAC.